

ACONITE

Aconitum Napellus (Acon)

This remedy will work at the beginning of an illness where there is a sudden onset from fright, shock or getting chilled. It is also a good remedy for shock or fright where the symptoms accord.

GENERAL SYMPTOMS

Should apply to all conditions.

Sudden onset

from chill especially from a cold dry wind; fear, shock or trauma.

Modalities:

Worse at night.
Worse for touch.
Better for fresh air.

Earache

From getting chilled, with unbearable pain.

Fear

Can be useful for extreme fear e.g. of flying; of an operation or the dentist. There may be an irrational feeling that "I'm going To die".

Common cold

With sudden onset from getting chilled. symptoms of chill, shivering; sneezing with pain at the root of the nose; and a bursting, throbbing headache.

Fever

Burning, dry fever alternating with chills. Person feels hot internally but may be chilly to touch. With a fast pulse and fear/anxiety.



Labour

Aconite can be useful in short, fast labours with severe pain and great fear. It can help slow things down and make it more manageable.

Shock

After an accident, injury or Receiving bad news.

Cystitis

From getting chilled with pressing pain. Useful at the onset of cystitis

Croup

The first remedy to think of in croup. The cough is barking, dry, hoarse with difficulty breathing.

Fear and Shock

Someone needing aconite will look shocked with glassy eyes and possibly dilated pupils. They may shake and be very distressed, anxious and fearful. Note, this is different from Arnica shock where a person may say, "I'm OK" even when they are obviously not.